California S a e Uni ersi  $\,$  , F ller on Cen er for S ccessf I Aging



## FI8((C3&1. \* (93-J

11/1/2021 1000
( ) 0 Unable to complete 10 steps independently
( ) 1 Able to complete the 10 steps with more than five interruptions
( ) 2 Able to complete the 10 steps with three to five interruptions
( ) 3 Able to complete the 10 steps with one to two interruptions
( ) 4 Able to complete the 10 steps independently and with no interruptions
FD8((!/3&1(#&(#&.('
( ) 0 Unable to try or needs assistance to prevent falling



## R8((S3-J(9%/:(:.31(/,\$&<

- ( ) 0 Unable to walk 10 steps independently while maintaining 30° head turns at an established pace
- ( ) 1 Able to walk 10 steps independently but unable to complete required number of 30° head turns at an established pace
- ( ) 2 Able to walk 10 steps but veers from a straight line while performing 30° head turns at an established pace
- ( ) 3 Able to walk 10 steps in a straight line while performing 30° head turns at an established pace but head turns less than 30° in one or both directions
- ( ) 4 Able to walk 10 steps in a straight line while performing required number of 30° head turns at established pace

## 7E8((>.3"/\\\\2.(A#</,\\$3-(\"#\&/\\$#-

- ( ) 0 Unable to maintain upright balance; no observable attempt to step; requires manual assistance to restore balance
- ( ) 1 Unable to maintain upright balance; takes two or more steps and requires manual assistance to restore balance
- ( ) 2 Unable to maintain upright balance; takes more than two steps but is able to restore balance independently
- ( ) 3 Unable to maintain upright balance; takes two steps but is able to restore balance independently
- ( ) 4 Unable to maintain upright balance but able to restore balance independently with only ddddendhabled ,2