

Walking on even

Walking down hills

Going up stairs

greater

Foot and Ankle Ability Measure (FAAM)
Activities of Daily Living Subscale
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Because of your foot and ankle how much difficulty do you have with:

**Foot and Ankle Ability Measure (FAAM)
Sports Subscale**

Because of your foot and ankle how much difficulty do you have with:

No Difficulty at all	Slight Difficulty	Moderate Difficulty	Extreme Difficulty	Unable to do	N/A
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Running

Jumping

Landing

Starting and
stopping quickly

Cutting/lateral
Movements

Ability to perform
Activity with your
Normal technique

Ability to participate
In your desired sport
As long as you like

How would you rate your current level of function during your sports related activities from 0 to 100 with 100 being your level of function prior to your foot or ankle problem and 0 being the inability to perform any of your usual daily activities?

___ ___ ___ . 0%

Overall, how would you rate your current level of function?

Normal Nearly Normal Abnormal Severely Abnormal