

# Postural Assessment Scale for Stroke Patients (PASS) Scoring Form

## Maintaining a Posture

below. When scoring the item, record the lowest response:

Give the subject instructions for each item as written in the category that applies for each item.

**1. Sitting Without Support**

Examiner: Have the subject sit on a bench/mat without hand or back support and with feet flat on the floor. Evaluate only the ability to sit without support. Do not consider the quality of the stance.

(0) Cannot sit  
(1) Can sit with slight support for exact 10 seconds  
(2) Can sit for more than 10 seconds without support  
(3) Can sit for 5 minutes without support

**2. Standing With Support**

Examiner: Have the subject stand, providing support as needed. Evaluate only the ability to stand with or without support. Do not consider the quality of the stance.

(0) Cannot stand; even with support  
(1) Can stand with support of only 1 hand  
(2) Can stand with support of 2 people  
(3) Can stand with moderate support of 1 person  
(4) Can stand with strong support of 2 people

**3. Standing Without Support**

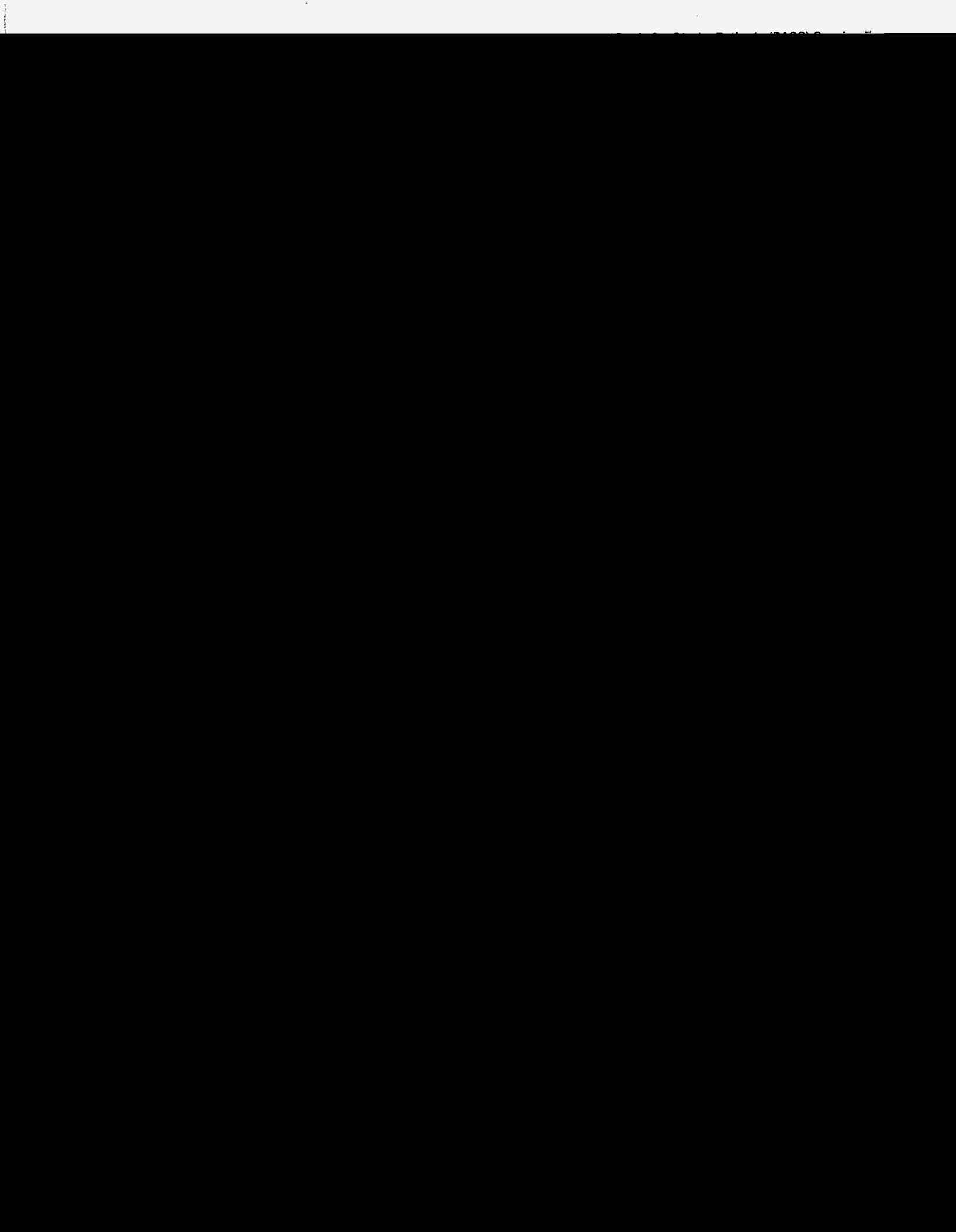
Examiner: Have the subject stand without support. Evaluate only the ability to stand with or without support. Do not consider the quality of the stance.

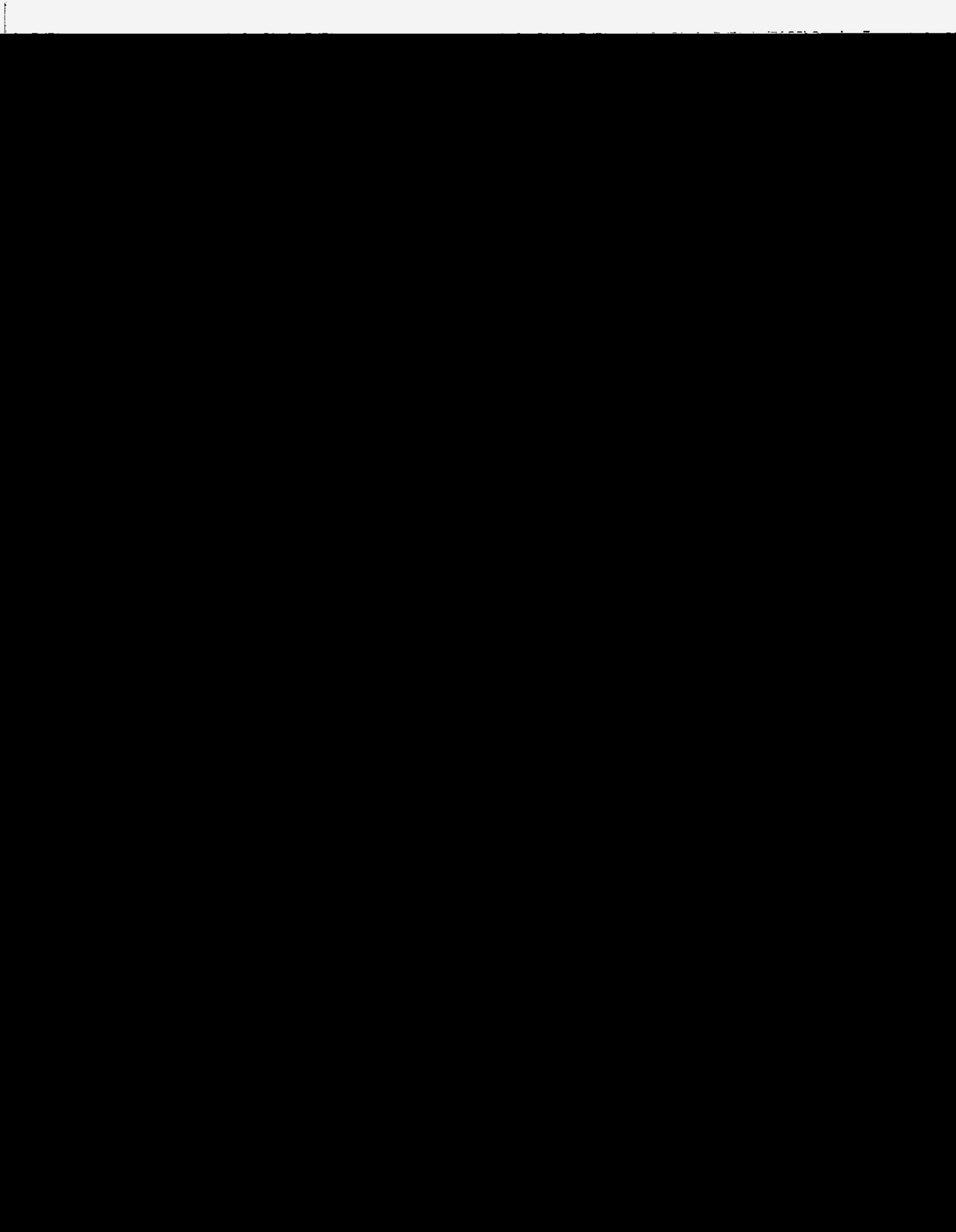
(0) Cannot stand without support  
(1) Can stand without support for 10 seconds or less; heavy arm/leg movements without shoulder girdle  
(2) Can stand without support for 1 minute or sit for 5 minutes asymmetrically  
(3) Can stand on a step or sit for more than 1 minute and rotate easily on arm movements without shoulder girdle

**4. Standing on Nonparetic Leg**

Examiner: Have the subject stand on the nonparetic leg. Evaluate only the ability to bear weight entirely on the nonparetic leg. Do not consider how the subject accomplishes the task.

(0) Cannot stand on nonparetic leg for more than 5 seconds  
(1) Can stand on nonparetic leg for more than 10 seconds  
(2) Can stand on nonparetic leg for more than 1 minute  
(3) Can stand on nonparetic leg for more than 5 minutes





### 9. Sitting on the Edge of the Mat to Supine

Examiner: Begin with the subject sitting on the edge of a treatment mat. Instruct the subject to return to supine. Assist as necessary. Evaluate the subject's performance on the amount of help required. Do not consider the quality of performance.

- (3) Can perform without help
- (2) Can perform with little help
- (1) Can perform with much help
- (0) Cannot perform

### 10. Sitting to Standing Up

Examiner: Begin with the subject sitting on the edge of a treatment mat. Instruct the subject to stand up without support. Assist as necessary. Evaluate the subject's performance on the amount of help required. Do not consider the quality of performance.

- (3) Can perform without help
- (2) Can perform with little help
- (1) Can perform with much help
- (0) Cannot perform

### 11. Standing Up to Sitting

Examiner: Begin with the subject standing by the edge of a treatment mat. Instruct the subject to sit on edge of mat without support. Assist if necessary. Evaluate the subject's performance on the amount of help required. Do not consider the quality of performance.

- (3) Can perform without help
- (2) Can perform with little help
- (1) Can perform with much help
- (0) Cannot perform

### 12. Standing, Picking Up a Pencil from the Floor

Examiner: Begin with the subject standing. Instruct the subject to pick up a pencil from the floor without support. Assist if necessary. Evaluate the subject's performance on the amount of help required. Do not consider the quality of performance.

- (3) Can perform without help
- (2) Can perform with little help
- (1) Can perform with much help
- (0) Cannot perform

TOTAL

TOTAL

Changing Posture SUBTOTAL