

# **BACKGROUND**

# COGNITIVE & PHYSICAL EVALUATION

Name:			Date:				
Examiner:							
5RQTV	VGCO	UEJQQN		&CVG	VKOG		

## **INSTRUCTIONS**

9 Q T FKUPalicsthroughout the SCAT3 are the instructions given to the athlete by the tester.

## Symptom Scale

"You should score yourself on the following symptoms, based on how you feel now".

To be completed by the athlete. In situations where the symptom scale is being completed after exercise, it should still be done in a resting state, at least 10 minutes post exercise.

For total number of symptoms, maximum possible is 22.
For Symptom severity score, add all scores in table, maximum possible is 22

## SAC<sup>4</sup>

#### Immediate Memory

"I am going to test your memory. I will read you a list of words and when I am done, repeat back as many words as you can remember, in any order."

"I am going to repeat the same list again. Repeat back as many words as you can remember in any order, even if you said the word before."

% QORNGVG CNN VTKCNU TG41GCOTFN/G1GCUYQFTFWEQTCOTFCWGKGCHNQPG RGT UGEQPF Score 1 pt. for each correct response otal score equals sum across all 3 trials. Do not inform the athlete that delayed recall will be tested.

#### Concentration

Digits backward

"I am going to read you a string of numbers and when I am done, you repeat them back to me backwards, in reverse order of how I read them to you. For example, if I say 7-1-9, you

+ H EQTTGEV IQ VQ PGZV UVTKOmfelpotkinGp6sts/folle for belackt kentering/TTGEV TGCF VTKCN length

# ATHLETE INFORMATION

Any athlete suspected of having a concussion should be removed from play, and then seek medical evaluation.

Signs to watch for

2 T Q D NECQONCNTFQUXOS J,GT U V s J Q W & JUG