

# Acute Rehabilitation Discharges

These are guidelines. For more information, please speak with your Shirley Ryan AbilityLab liaison or consulting physician.



## MEDICAL READINESS GUIDELINES

- ▶ Discharge to home or to a skilled nursing facility (SNF) is preferred
- ▶ Discharge to a SNF is preferred if the patient is unable to perform activities of daily living (ADLs) or instrumental activities of daily living (IADLs)
- ▶ Discharge to a SNF is preferred if the patient is unable to perform self-care
- ▶ Discharge to a SNF is preferred if the patient is unable to perform transfers
- ▶ Discharge to a SNF is preferred if the patient is unable to perform walking
- ▶ Discharge to a SNF is preferred if the patient is unable to perform eating
- ▶ Discharge to a SNF is preferred if the patient is unable to perform dressing

## MEDICAL STATUS

- ▶ Discharge to home or to a SNF is preferred if the patient is medically stable
- ▶ Discharge to a SNF is preferred if the patient is unable to perform ADLs or IADLs
- ▶ Discharge to a SNF is preferred if the patient is unable to perform self-care
- ▶ Discharge to a SNF is preferred if the patient is unable to perform transfers
- ▶ Discharge to a SNF is preferred if the patient is unable to perform walking
- ▶ Discharge to a SNF is preferred if the patient is unable to perform eating
- ▶ Discharge to a SNF is preferred if the patient is unable to perform dressing

## TREATMENT & LAB DATA

- ▶ Discharge to home or to a SNF is preferred if the patient is on a stable medication regimen
- ▶ Discharge to a SNF is preferred if the patient is unable to perform ADLs or IADLs
- ▶ Discharge to a SNF is preferred if the patient is unable to perform self-care
- ▶ Discharge to a SNF is preferred if the patient is unable to perform transfers
- ▶ Discharge to a SNF is preferred if the patient is unable to perform walking
- ▶ Discharge to a SNF is preferred if the patient is unable to perform eating
- ▶ Discharge to a SNF is preferred if the patient is unable to perform dressing

## RESPIRATORY

- ▶ Discharge to home or to a SNF is preferred if the patient is able to perform ADLs or IADLs
- ▶ Discharge to a SNF is preferred if the patient is unable to perform ADLs or IADLs
- ▶ Discharge to a SNF is preferred if the patient is unable to perform self-care
- ▶ Discharge to a SNF is preferred if the patient is unable to perform transfers
- ▶ Discharge to a SNF is preferred if the patient is unable to perform walking
- ▶ Discharge to a SNF is preferred if the patient is unable to perform eating
- ▶ Discharge to a SNF is preferred if the patient is unable to perform dressing

## MEDICATIONS

- ▶ Discharge to home or to a SNF is preferred if the patient is on a stable medication regimen
- ▶ Discharge to a SNF is preferred if the patient is unable to perform ADLs or IADLs
- ▶ Discharge to a SNF is preferred if the patient is unable to perform self-care
- ▶ Discharge to a SNF is preferred if the patient is unable to perform transfers
- ▶ Discharge to a SNF is preferred if the patient is unable to perform walking
- ▶ Discharge to a SNF is preferred if the patient is unable to perform eating
- ▶ Discharge to a SNF is preferred if the patient is unable to perform dressing

## DIET

- ▶ Discharge to home or to a SNF is preferred if the patient is able to perform ADLs or IADLs
- ▶ Discharge to a SNF is preferred if the patient is unable to perform ADLs or IADLs
- ▶ Discharge to a SNF is preferred if the patient is unable to perform self-care
- ▶ Discharge to a SNF is preferred if the patient is unable to perform transfers
- ▶ Discharge to a SNF is preferred if the patient is unable to perform walking
- ▶ Discharge to a SNF is preferred if the patient is unable to perform eating
- ▶ Discharge to a SNF is preferred if the patient is unable to perform dressing

## INFECTION CONTROL

- ▶ Discharge to home or to a SNF is preferred if the patient is able to perform ADLs or IADLs
- ▶ Discharge to a SNF is preferred if the patient is unable to perform ADLs or IADLs

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